



## **Aesthetic Vaginal Surgery (Vaginoplasty)**

**Vaginoplasty** is a surgical procedure that makes the vagina tighter by removing excess vaginal lining and tightening the surrounding soft tissues. Due to childbirth and even aging, the vagina can become stretched and the surrounding muscles lose their strength and tone. The loose feeling that many women feel is noticed even more by their male partner during sexual intercourse. Vaginoplasty decreases the diameter of the vagina, which results in increased friction during intercourse, making intercourse a much more pleasurable experience for the patient and her partner.

**Vaginal Rejuvenation Vaginoplasty** refers to the posterior reconstruction of the vaginal vault and perineum, making the vagina smaller and pelvic floor stronger to assist in achieving the youthful gratification of sexual activity.

As we get older our bodies get worn, torn, stretched and some of our youthful resilience is reduced. The same happens to the vaginal tissues and pelvic floor, especially after pregnancy. The vaginal vault and pelvic floor are stretched, dilated, pelvic muscles become too relaxed, loose strength and tone, and there is loss of some or all support and control, it loses the dilating effect during sexual intercourse and there is no longer the ability to contract, squeeze and relax vaginal muscles at will. Vaginal rejuvenation vaginoplasty typically tones vaginal muscle and strengthens the pelvic floors, resulting in greater contraction strength and control, thereby enhancing the sexual experience for the man and the women. The surgery makes the vaginal vault and pelvic floor smaller, and the foundation muscles of the vagina are made stronger.

**Vaginoplasty**, sometimes referred to as Vaginal Rejuvenation or Aesthetic Vaginal Surgery, can give your vagina a youthful appearance, give you more control of your vaginal muscles, and greatly increase the sexual satisfaction for you and your partner during intercourse.

These descriptions have been collected from various sites on the internet and are of descriptive nature. Please contact the appropriate surgeon for more details.